



Meridian Scalp and Facial Massage

 Meridian scalp and facial massage rejuvenates skin and promotes wellness by diminishing signs of aging, stress, and energy imbalance.

 **Sculpt facial contours, lift sagging skin, smooth out wrinkles, and ease chronic inflammation**, while blossoming aromas stimulate the senses and enhance well-being.

PRODUCTS		
Bulgarian Rose Soothing Toner		Le Mieux Bio Cell+ Mask
Meridian Scalp Stimulating Oil		Neroli Baobab Hand Balm
Vitality Deep Cleansing Oil		Neroli Baobab Hand Butter
PurErb Facial Balm Serenity Calming or Purity Renewing		Le Mieux Eye Wrinkle Corrector
PurErb Facial Oil Serenity Calming or Purity Renewing		TOOLS
PurErb Moisturizer Serenity Calming or Purity Renewing		Celadon Meridian Crown
Le Mieux TGF-β Booster, Rx Complex Serum, Vita-C Serum		Ocean Hai jade tool
STEPS	TIME 50-80 min	PROCEDURE
<i>Welcome</i>	<i>1-2 min</i>	At the start of facial, ask client to close eyes. Mist face and neck with Bulgarian Rose Soothing Toner . Ask client to relax and breathe deeply.
1 <i>Scalp Oil</i>	<i>1-2 min</i>	Apply 3-4 drops Meridian Scalp Stimulating Oil along Meridian pathways down center of scalp and sides of head.
2 <i>Manual Massage</i>	<i>3-5 min</i>	Starting from the center of eyebrows, use thumbs to press along Meridian pathways toward center of scalp. Ask client if the pressure is comfortable. Continue pressing toward the back of head. Repeat several times.
3 <i>Meridian Massage I</i>	<i>3-5 min</i>	Press and release Celadon Meridian Crown in an outward direction along Meridian pathways on scalp. Repeat several times. (Note: Before proceeding, wash scalp oil from hands to protect client's eyes from any residual oil.)
4 <i>Cleanser</i>	<i>2-3 min</i>	Apply Vitality Deep Cleansing Oil onto dry face. Wet face to activate oil and massage. Remove with moist towel. Pat dry.
5 <i>Meridian Massage II</i>	<i>6-12 min</i>	Apply selected PurErb Facial Balm or Facial Oil to face, neck, and décolleté. Use jade Ocean Hai to perform slight strokes on the décolleté, moving from left to right, then right to left. Repeat several times. Perform strokes on the neck, moving downward. Repeat several times.

PurErb™

EXOTIC VOYAGE

<p>6 <i>Meridian Massage III</i></p>	<p><i>10-18 min</i></p>	<p>Starting from each of the 10 primary facial Meridian points, use jade Ocean Hai to perform slight strokes upward and outward. Repeat several times. After massage, remove balm or oil with a warm towel. Mist face and neck with Bulgarian Rose Soothing Toner.</p>
<p>7 <i>Serum</i></p>	<p><i>1-2 min</i></p>	<p>Apply Le Mieux TGF-β Booster in an upward and outward motion over face, neck, and décolleté. For dull, lackluster skin: add a layer of Le Mieux Vita-C Serum. For skin showing signs of aging: add a layer of Le Mieux Rx Complex Serum.</p>
<p>8 <i>Mask and Hand Treatment</i></p>	<p><i>20-25 min</i></p>	<p>Apply Le Mieux Bio Cell+ Mask. Perform Meridian massage over mask. While mask remains on face, apply Neroli Baobab Hand Balm to hands and arms. Use Celadon Meridian Crown to perform Meridian massage on hands and arms. After massage is complete, remove balm with warm towel. Apply Neroli Baobab Hand Butter to hands and arms. Remove mask by gently folding it upward from the chin to forehead.</p>
<p>9 <i>Moisturizer</i></p>	<p><i>1-2 min</i></p>	<p>Apply selected PurErb Moisturizer to face, neck, and décolleté.</p>
<p>10 <i>Eye Care, Sun Care</i></p>	<p><i>1-2 min</i></p>	<p>Apply Le Mieux Eye Wrinkle Corrector and sun protection as needed.</p>
<p><i>Finish</i></p>	<p><i>1-2 min</i></p>	<p>At the close of the facial, gently mist face and neck with Bulgarian Rose Soothing Toner.</p>