

GUA SHA ICY SCULPT & DRAIN FACIAL



Detoxifying, sculpting, brightening, and tightening treatment features Meridian gua sha techniques, lifting massage, and lymphatic drainage to transform facial clarity and contours.

BENEFITS

Enhances facial contours
Promotes lymphatic drainage
Boosts skin clarity
Firms and tightens skin

SKIN TYPE:

Dry, combination, oily

SKIN CONCERN:

Dull or congested skin; signs of aging

CONTRAINDICATIONS:

Inflamed or sensitive skin

COST PER TREATMENT:

\$11.97

SUGGESTED MENU PRICE:

\$150-250

PROTOCOL SUPPLIES

- Peptide Foam Cleanser
- PurErb Caviar Lime Cleansing Foam
- Collagen Lifting Mask
- Collagen Lifting Activator
- Oh My Glow Activator
- Iso-Rose Hydrating Mist
- G5, AML20, M15, or M30
- Icy Revitalizing Mask
- Oh My Glow Serum
- EGF-DNA
- TGF- β Booster
- Hyaluronic Shea Mask
- ProFerm Face Glow Mask
- ProFerm Neck Contour Mask
- Eye Wrinkle Corrector
- Kizo Lab UV Defense Clear Sunscreen
- Gua sha tool
- Ionized Oxygen Infuser
- Skin Perfecter (*optional*)

SUGGESTED HOME CARE

- Peptide Foam Cleanser
- Essence Toner
- EGF-DNA
- Oh My Glow Serum
- ProFerm Face Glow Mask
- Just Glow BB Cream SPF 50

CLEANSE

- Cleanse with **Peptide Foam Cleanser** and/or **PurErb Caviar Lime Cleansing Foam**.

MASK

- Apply 1 layer of **Icy Revitalizing Mask** and 1 layer of **Collagen Lifting Mask** mixed with **Collagen Lifting Mask Activator**.
- Apply 4x4, 12-ply weave gauze on neck, under chin and lift. Apply another layer of gauze, over nose and forehead. Press and lift forehead.
- Use fingertips and Meridian points to perform Meridian Gua Sha Lift. As you let it semi-dry, pull up gauze using palms of hands.
- Remove gauze. Apply warm towel and press into skin. Remove remainder of mask. Optional: Use **Skin Perfecter**.

EXFOLIATE

Layer 2 cc of **G5**. Let dry. Layer 2 cc of **AML20**, **M15**, or **M30**. Let dry 10 minutes, or remove if sensation or redness is too strong for client. Remove with cool wipes.

SERUM & MASK

- Use brush to apply 4 drops of **EGF-DNA** onto face and neck .
- Fill **Ionized Oxygen Infuser** mini-flask halfway with **Oh My Glow Activator**. Add 1-2 drops **Oh My Glow Serum** and 2 drops of **TGF- β Booster**. Close lid and swirl to mix. Spray serum blend .
- Apply 1 light layer of **Hyaluronic Shea Mask**. Do not remove.

MERIDIAN GUA SHA

- Perform gua sha. First, clear chest by going from outer clavicle to sternum. Drain down to clear lymphatic area. Perform on both sides.
- Drain from behind ear, down neck, then do the sweep. Feel for tension or tight muscles, including along jawline. Use gua sha to break up tight fascia. Avoid strokes that are too strong.
- After you feel muscle release, perform gua sha sculpting on face. Pay attention to tension in face. Sweep down neck to drain.

MASK

Apply **ProFerm Face Glow Mask** and **ProFerm Neck Contour Mask**. Leave on for 10 minutes. Remove. Do not rinse.

MASSAGE

Use hot rock to massage décolleté. Place hot rock just below neck, GV14. Massage hand and arms. Allow client to rest for 10 minutes.

FINISH

- Remove masks. Spray **Iso-Rose Hydrating Mist**.
- Apply **Eye Wrinkle Corrector**.
- Apply **Kizo Lab UV Defense Clear Sunscreen SPF 50 PA ++++**.