

Gua Sha Thermalift Protocol

This express Gua Sha facial treatment combines microvibrations, red and blue LED light, and gentle heat to boost microcirculation, reduce puffiness, and re-contour sagging skin for a tighter, more lifted look.

KEY BENEFITS

- ✓ Dramatically sculpts and defines facial contours
- ✓ Locks in moisture while promoting lift, tone, and a luminous glow
- ✓ Soothes inflammation and redness

IDEAL FOR

- ✓ Clients with sagging skin, dullness, or inflammation
- ✓ Maintaining results with 1-2 sessions per week for ongoing lift
- ✓ Quick pre-event, photos, or special occasion enhancement

PROTOCOL SUPPLIES

- **Gua Sha Thermalift**
- **Iso-Cell Recovery Solution**
- **O² Calming Gel**
- **TGF-β Booster**
- **PurErb Gua Sha Sculpting Cream**

SKIN TYPE: All Skin Types

DURATION: 10-15 Minutes

COST PER TREATMENT: \$1.20

SUGGESTED MENU PRICE: \$50 - \$100

CONTRAINDICATIONS:

- Pacemaker or other metal implants
- History of epilepsy
- Pregnancy
- Botox® or dermal filler treatments within the past 3 weeks
- PDO thread lifts
- Open lesions, active acne breakouts, or compromised skin integrity



STEP 1: PREP

- Saturate 4x4 gauze with **Iso-Cell Recovery Solution** (10 sprays) and gently wipe one side of the face. Reapply to gauze and repeat on the other side.



STEP 2: INFUSE

- In a treatment cup, combine 3 pumps **O² Calming Gel** with 2 drops **TGF-β Booster**.
- Mix with a fan brush. Apply to décolleté, neck, and face.
*Optional: Substitute **TGF-β Booster** with any Le Mieux serum based on skin analysis.*
- Set **Gua Sha Thermalift** to **Infuse Mode**. Refer to demo video for sculpting techniques.



Choose one medium



STEP 3: CONTOUR

- In a treatment cup, dispense a small amount of product based on skin analysis:
 - For oily skin: **O² Calming Gel**
 - For normal to dry skin: **PurErb Gua Sha Sculpting Cream**
 - For dry skin: **Hyaluronic Shea Mask**
- *Optional: Mix with **O² Calming Gel** for added hydration.*
- Apply a light layer to décolleté, neck, and face with a fan brush.
- Set **Gua Sha Thermalift** to **Contour Mode**. Refer to demo video for sculpting techniques.



STEP 4: LIFT

- Set **Gua Sha Thermalift** to **Lift Mode**. Refer to demo video for sculpting techniques.



STEP 5: TONE

- Spray **Iso-Cell Recovery Solution** onto cotton and gently remove any excess cream, oil, or residue from the face.



Choose one mask

STEP 6: FINISH (Optional)

- Apply a sheet mask suited to the client's skin needs:
 - Firming: **ProFerm Face Glow Mask**
 - Hydrating: **Moisture Infusion Mask**
 - Lifting: **BioCell+ Mask**