

# CryoThermal Facial

The CryoThermal Facial Kit is a premium, professional-grade facial protocol designed to deliver instant lift, sculpted definition, and deep hydration through the power of growth factors and thermal contrast therapy.



## KEY BENEFITS

- ✓ Instantly lifts and sculpts facial contours
- ✓ Deeply hydrates while supporting elasticity and firmness
- ✓ Combines thermal contrast, gua sha, and growth factors for visible definition

**SKIN TYPE:** All Skin Types

**DURATION:** 60 minutes

**COST PER TREATMENT:** \$1.20

**SUGGESTED MENU PRICE:** \$175 - \$250

**CONTRAINDICATIONS:** Pacemaker or mental implants or epilepsy / Pregnancy / Neurotoxins or dermal filler treatments within the past 3 weeks / PDO thread lifts / Open lesions or active acne breakouts, or compromised skin integrity

### STEP 1: CLEANSE & PREP

- Apply 1 pump **Purerb Bare Beauty Cleansing Oil** on face, neck & décolleté to remove makeup. Do not remove.
- Turn on 2x **Gua Sha ThermoLift** tools (Contour Mode). Perform meridian massage across face, neck & décolleté with both tools. Refer to video guide on lemieuxpro.com for passes.
- Apply light layer of **Icy Revitalizing Mask** on face, neck & décolleté. Whip 1 pump **Brightening Cleanser** in a cup with fan brush and apply over mask. Apply warm towel and perform scalp massage for 5 minutes. Use warm microfiber towel to remove product.

### STEP 2: EXFOLIATE

- (Optional: Gently remove mask with **Skin Perfecter**.)
- Spray **Iso-Cell Recovery Solution** onto cotton round (10 sprays) and swipe over face to prep skin.
- Apply 1 cc of **M30** onto cotton round, 1 swipe per side (optional up to 2 layers). Let dry 5 minutes or remove if redness/sensitivity occurs. Remove with cool wipes.

### STEP 3: SERUM & MASK

- Layer 6 drops **EGF-DNA** on face, neck & décolleté with fan brush then layer 6 drops of **TGF-β Booster**.
- (Optional infusion: Combine **Oh My Glow Activator**, 1-2 drops **Oh My Glow Serum**, 2 drops of **TGF-β Booster** in **Ionized Oxygen Infuser** and spray on face, neck & décolleté.)
- Apply light layer of **Lavender Floral Mask** and **Hyaluronic Shea Mask** to face, neck & décolleté. Do not remove.

### STEP 4: MERIDIAN GUA SHA SCULPTING

- Soak **Mountain Shan** tool in ice bath.
- Perform gua sha. Refer to the Meridian Gua Sha Techniques Guide / instructional video. Use gua sha to break up tight fascia. Avoid strokes that are too strong.
- After you feel muscle release, perform gua sha sculpting on face. Pay attention to tension in face. Sweep down neck to drain.

### STEP 5: MASK & MASSAGE (Optional Add-On)

- Apply **Bio Cell+ Mask** and let sit for 10 minutes.
  - Turn on **Gua Sha ThermoLift** (Lift Mode) and gently massage scalp. Refer to instructional video for passes.
  - Use cold **Mountain Shan** to perform meridian massage over mask. Remove mask.
- Apply **Cryo Peptide Eye Mask** and let sit for 10 minutes.
  - Use cold **Mountain Shan** to perform meridian massage over mask. Remove mask.

### STEP 6: FINISH

- Apply pea-sized amount of **Midnight Balm**.
- Tap 1 pump **Eye Revive Firming Cream** along orbital bone.
- Apply **Kizo Lab UV Defense Clear Sunscreen SPF 50+**.



Scan to watch protocol video.