

Contraindications

General Guidelines for Treatment

Due to active ingredients and concentrations in Le Mieux professional products, the following guidelines and precautions must be observed to ensure optimal results during professional treatments. Licensed professionals are responsible for reviewing client history, recording any contraindications on the Client Intake Form, and avoiding ingredients or products that may be contraindicated.



WHEN TO REMOVE PRODUCT IMMEDIATELY

Clients should not experience erythema or uncomfortable sensations at any point during treatment.

If erythema or uncomfortable sensations occur, remove product with cool, wet cotton wipes until sensations are gone, and carefully apply Iso-Cell Recovery Solution with a cotton swab to spot test. **DO NOT APPLY FRICTION OR PRESSURE ON THE IRRITATED SKIN WITH APPLICATION.** If Iso-Cell Recovery Solution does not sting or burn, apply generously.



PATCH TESTING FOR REACTIVE SKIN

We recommend patch testing prior to application to check if skin will react to a new product.

To patch test, apply product as directed onto clean skin behind the ear or on the inner elbow. Wait 48 hours to gauge skin response. Discontinue use if irritation or redness occurs.

If you are unsure about your patch test results, refer clients to their medical professional.



Contraindications

Professional Exfoliation

Peel Solution safety guidelines and protocols must be followed to avoid adverse reactions.

Please review our Peel Solutions Guide for in-depth information.

NOTE: Each Le Mieux Peel Solution is buffered to pH 2.7 - 3.5 to reduce risk of irritation and downtime while leaving skin smoother, brighter, and perfectly primed to absorb skin transforming serums.



CONTRAINDICATIONS

- ☐ Broken, irritated, or inflamed skin
- ☐ Impaired barrier function
- ☐ Recent professional or medical treatments such as exfoliation and advanced modalities. Always consult modality manufacturer for safety guidelines.
- ☐ Recent cosmetic injectables
- ☐ Prescription or over-the-counter retinoids
- ☐ Isotretinoin (Accutane) within 12 months
- ☐ Recent hair removal
- ☐ Do not apply to orbital area or lips

CONSIDERATIONS

- ☐ Pregnancy and breastfeeding
- ☐ Oncology treatments
- ☐ Potential to pigment
- ☐ Exfoliation history
- ☐ Allergies to ingredient
- ☐ Review client expectations and post care
- ☐ Take before and after photos
- ☐ Clients must wear physical SPF
- ☐ Client must avoid prolonged sun exposure
- ☐ Discontinue use of other exfoliating products

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Allergies

Suspected allergies can only be confirmed by licensed medical professionals. Always follow recommended safety guidelines and exercise professional judgment to assess treatment options.



ASPIRIN

Clients with aspirin allergies should avoid products containing Salicylic Acid and Salix Alba (Willow) Bark Extract, as both are chemically related to aspirin.

- A&E Corrector
- Beta Acid
- Exfoliating Cleansing Gel
- GSA25 Peel Solution
- Microderm Exfoliant
- Microdermabrasion Scrub
- S2 Peel Solution
- Skin Clarifying Pad



FRAGRANCE

Le Mieux formulas may include a blend of natural essential oils, botanicals, aromatherapy blends, and carefully selected fragrances to balance or neutralize the aroma of certain active ingredients. If you have sensitivities or allergies, please review the full ingredient list for any essential oils or fragrance components that may be of concern.

Products with "Fragrance" on ingredient list:

- Bio Cell Rejuvenating Cream
- Exotic Blossom Body Gel
- Exotic Blossom Body Butter
- Peptide Foam Cleanser
- Rx Complex Serum
- TGF-B Booster



GLUTEN

Le Mieux formulas do not contain gluten. However, our production facility is not certified gluten free.



NUTS

Clients with nut allergies should consult a physician before using products containing mandelic acid, which is often derived from almonds.

- AML20 Peel Solution
- Brightening Cleanser
- Brightening Toner
- M15 Peel Solution
- M30 Peel Solution
- Perfect Renewal



SOY DERIVATIVES

- Peptide Foam Cleanser - Glycine Soja Extract, Lecithin
- Brightening Cleanser - Lecithin
- Brightening Serum - Soy Isoflavones, Lecithin
- Collagen Peptide Serum - Glycine Soja (Soybean) Seed Extract
- Derma Relief Serum - Glycine Soja Oil
- EGF-DNA - Lecithin
- Eye & Lip Cream - Lecithin
- Just Glow BB Cream SPF 50 - Lecithin
- Oh My Glow Activator - Lecithin
- Marine Collagen Peptide - Glycine Soja (Soybean) Seed Extract
- Peptide Foam Cleanser - Lecithin
- Retinol Serum - Soy Isoflavones
- StemCell EGF - Lecithin



If you have questions not addressed here, please call us at (888) 327-8188 or email info@lemieuxcosmetics.com. These lists are subject to change. Please contact us for the most up-to-date information.

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Oncology Guidelines

Le Mieux is proud to partner with integrative oncology care organizations to support spa professionals serving clients undergoing oncology treatments or in long-term cancer survivorship. Our goal is to help professionals feel more confident by enhancing their understanding of contraindications and clinical considerations when working with clients affected by cancer.

During oncology treatments, clients' skin often exhibits impaired barrier function and increased sensitivity. During active oncology treatment and recovery, it is imperative to avoid invasive procedures that might further compromise skin and impede the healing process. During long-term survivorship, clients may not need to modify treatments or homecare. However, out of an abundance of caution, clients should consult with their medical team before incorporating new products into their treatments and homecare.

PRODUCT CONSIDERATIONS

- While skin is compromised, avoid invasive procedures that may trigger inflammation, such as exfoliation or stimulating modalities. Instead, choose calming products suited to skin type and condition to support skin recovery.
- If skin responds well, gradually introduce additional products over time to avoid overstimulating skin.
- At no point should skin experience sensations such as stinging, itching, burning, or heat during or after product application. If sensations or reactions occur, remove the product immediately with cool, wet cotton pads.

SUGGESTED PRODUCTS FOR SENSITIZED SKIN

Derma Relief Serum

Apply over hyaluronic acid-based serums or blend into moisturizer to support lipid barrier.

Essence Moisturizer

Gently pat onto skin as a fragrance-free moisturizer.

Eye & Lip Cream

Apply to areas of dryness or blend into moisturizer to support skin barrier.

Hyaluronic Serum

Apply over Iso-Cell Recovery Solution to enhance hydration.

Iso-Cell Recovery Solution

Apply as a healing mist prior to serum application.

O² Calming Gel

Apply as a soothing mask or layer under moisturizer.



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Pregnancy & Breastfeeding

Guidelines and Considerations

Clients should consult with their medical team before incorporating new products or ingredients into their treatments and homecare. Out of an abundance of caution, Le Mieux recommends avoiding products that contain salicylic acid, retinol, and pure essential oils during pregnancy and breastfeeding.

PRODUCTS NOT RECOMMENDED



RETINOL

- Retinol Serum



SALICYLIC ACID & DERIVATIVES

- A&E Corrector
- Beta Acid
- Exfoliating Cleansing Gel
- GSA25 Peel Solution
- Microderm Exfoliant
- Microdermabrasion Scrub
- S2 Peel Solution
- Skin Clarifying Pad



PURE ESSENTIAL OILS FROM PURERB

- Meridian Scalp Stimulating Oil
- Purity Renewing Essential Oil
- Serenity Calming Essential Oil
- Vitality Energizing Essential Oil



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