

# LE MIEUX PEEL SOLUTIONS GUIDE

Le Mieux Peel Solutions accelerate cell renewal to reveal clearer, smoother, more evenly pigmented skin with no down time. Each skin-perfecting hydroxy acid blend delivers controlled exfoliation as Licorice Root Extract, Niacinamide, and Hyaluronic Acid mitigate inflammation, prevent post-inflammatory hyperpigmentation, and boost skin hydration.

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## HYDROXY ACIDS

Hydroxy acids accelerate cellular renewal by weakening desmosome bonds to release skin cells and increase desquamation. Each hydroxy acid has additional benefits that address specific skin conditions, including breakouts, hyperpigmentation, and signs of aging.

<b>Salicylic Acid</b>	Oil-loving beta hydroxy acid complements alpha hydroxy acids. Targets breakouts and breaks up comedones.
<b>Azelaic Acid</b>	Helps regulate hyperkeratosis and is effective at treating post inflammatory hyperpigmentation from breakouts.
<b>Mandelic Acid</b>	Brightening acid with controlled delivery due to large molecular size. Helps fight signs of aging and hyperpigmentation.
<b>Lactic Acid</b>	Brightens UV-induced hyperpigmentation and boosts hydration while smoothing texture.
<b>Glycolic Acid</b>	Small molecular weight hydroxy acid with potential for deeper penetration. Targets deep breakouts and advanced signs of aging.



# SAFETY GUIDELINES

Due to active ingredients and high hydroxy acid concentrations in peel solutions, the following guidelines and precautions must be followed to ensure best results.

## CONTRAINDICATIONS

- Broken, irritated, or inflamed skin
- Impaired barrier function
- Recent professional or medical treatments
- Recent cosmetic injectables within one week
- Prescription or over-the-counter retinoids
- Isotretinoin (Accutane) within 12 months
- Recent hair removal

## CONSIDERATIONS

- Not for first-time clients
- Complete Client Intake Form
- Review client expectations and post care
- Take before and after photos
- Clients must wear physical SPF & avoid prolonged sun exposure after peels
- Discontinue use of other exfoliating products

Before selecting peels, assess your client's potential for inflammation by analyzing skin barrier integrity, reactivity, and Fitzpatrick Phototype. Phototypes 3-6 have a higher potential for post-inflammatory hyperpigmentation, which should be considered when selecting peel strength.



## GAUGING SENSATIONS

0 sec

As soon as peel solutions are applied, immediately gauge client sensations on a scale from 0-10.

every  
30-60 sec

Gauge sensations until peel solutions are completely removed and sensations have stopped.

Mild erythema, sensations of tingling, warmth, or itching that plateau and drop within 60 seconds are typical. **If erythema or sensations spike rapidly, continually increase, or become uncomfortable, immediately remove peel solution** with cool, wet cotton wipes until sensations are gone and apply Iso-Cell Recovery Solution.

## TREATMENT PROGRESSION

Exfoliation should be gradually increased and customized based on exfoliation history and understanding typical skin response within the context of prior treatment. Begin with lower percentage peels (M15 or AML20) and progress to higher percentage peels (GSA25 or M30). Combine peels to create custom blends and medium strength peels.

### First Peel

Prep, M15 or AML20

### Returning Peel







Prep, M15 or AML20 + M30 or GSA25

### Acclimated Peel

Prep, M30 or GSA25

# PREP SOLUTIONS

Peel prep solutions clear cellular debris and prepare skin for optimal peel penetration. Choose a specific peel solution, or blend two peel solutions together for custom exfoliation according to client's concerns.

	PRODUCT	pH	CONDITIONS
PREP	 <b>S2 (2%)</b> Salicylic Peel Solution	2.7 - 3.5	Congested pores, excess oil, breakouts
	 <b>Vita-C Clear Skin Pad</b>	2.7 - 3.1	Hyperpigmentation, signs of aging
PEEL	 <b>M15 (15%)</b> Mandelic + Arbutin Peel Solution	3.0 - 3.5	Fine lines, breakouts, superficial hyperpigmentation
	 <b>M30 (30%)</b> Mandelic + Arbutin Peel Solution	3.0 - 3.5	Deep lines, wrinkles, superficial hyperpigmentation
	 <b>AML20 (20%)</b> Azelaic + Mandelic + Lactic Peel Solution	3.0 - 3.5	Dullness, uneven tone, signs of aging
	 <b>GSA25 (25%)</b> Glycolic + Salicylic + Azelaic Peel Solution	3.0 - 3.5	Advanced signs of aging, deep breakouts, resistant skin