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In Siem Reap, Cambodia, the ingredient has its own namesake spa. At the J7 Hotel, the Moringa Wellness Spa offers The Moringa Secret (150 Min.), a signature body treatment that combiness a body scrub with a moringa pouch massage and a relaxing flower bath. The massage is conducted with a moringa pouch dipped in warm moringa oil to increase blood circulation and release muscle tension.

At Thann Sanctuary Spa, the Nano Shiso Therapy (~\$136, 130 min.) allows the clients to choose moringa seed, mushroom extract or inca omega seed to customize their facial to best suit their skin type. The treatment also includes a body massage and aromatherapy or Swedish massage.

Stateside, Metamorphosis Day Spa in New York offers a Moringa Extract Facial (55 min., \$150) to reduce hyperpigmentation, wrinkles and acne while promoting cell growth and moisturization.

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Although many U.S. spas have yet to capitalize on the popularity and wellness benefits of moringa, it is being formulated into facial and body care by a number of manufacturers.

The ingredient is used in PurErb's Vitality Deep Cleansing Oil, where its high content of oleic acid (72%) is used to deliver vital nutrients and moisture to the skin. Moringa is utilized by Skinprint in its Ecoceuticals Moringa Butter Moisturizing Lotion not only to hydrate the skin but also to supply skin with vitamins, protein and amino acids. Elemis formulates with moringa seed peptides in its Pro-Radiance Illuminating Flash Balm to reduce the appearance of age and lock in moisture.

Moringa is not just included in skin care, but can be found in a host of color cosmetics as well. Jane Iredale formulates with moringa butter in its PureGloss Lip Gloss, where the ingredient hydrates the lips. In Osmosis Colour's Pressed Base Mineral Foundation, moringa seed oil provides free radical protection to the skin with its antioxidant power. It also has antibacterial and antimicrobial properties that help it fight acne.

Conclusions

While the benefits of moringa are no secret to medicinal practices in the plant's native areas, the underlying mechanisms are still revealing themselves to scientists. No doubt moringa will wind its way into new clinical studies and, eventually, into more products and spa treatments.

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